

Shakti

MASSAGE

& Complementary Therapies



- ∴ Relaxation
- ∴ Rejuvenation
- ∴ Remedial
- ∴ Prenatal Massage
- ∴ Deep Tissue
- ∴ Shirodhara
- ∴ Pamper Packages
- ∴ Gift Cards

Registered for Health Fund Rebates

For Bookings:

03 5348 1629

Premashakti Chapman Dip. RMT

1 Rosella Lane Daylesford

e: info@shakti.com.au

Opposite the Sunday Market and Historic Tourist Railway.
Appointments necessary.

www.shakti.com.au



Rejuvenation Massage

Head, Neck, Back, Shoulders and Feet

45min - \$80 | 60min - \$95

A rejuvenating massage offering a quick pick-me-up!

Relaxation Massage

60min - \$95 | 75min - \$115 | 90min - \$140

A soothing and nurturing full-body massage alleviating stress and tension and encouraging a deep sense of relaxation, with organic oils to nourish and beautify the skin, and essential oils to enhance the experience.

Prenatal Massage

60min - \$95 | 75min - \$115 | 90min - \$140

A relaxing and nurturing massage specifically tailored to the needs of the mother to be. We use an electronic massage table and pillows for perfect comfort. Belly pillows also available if suited to the client.

Remedial Massage

Registered for Health Fund Rebates

45min - \$95

A treatment tailored toward your individual needs! Techniques are applied to locate, treat and alleviate musculo-skeletal injury and conditions causing pain, dysfunction and/or decreased range of motion.

Relax with Remedial Combination Massage

60min - \$115 | 75min - \$135 | 90min - \$160

Get the best of both worlds with a massage that begins with remedial and concludes with relaxation. Techniques are applied to locate, treat and alleviate problem areas with the aim to decrease tension, tightness and pain, and increase range and ease of movement.

Deep Tissue Massage

60min - \$115 | 75min - \$135 | 90min - \$160

This style of massage is designed to relieve chronic tension in the deeper layers of muscles and associated soft tissue and helps speed recovery from sports and other injuries.

Shirodhara Ayurveda Relaxation Treatment

30min - \$175 (*allow 60 minutes*)

See website for this luxurious special